

A plan that will improve health and wellbeing for all ages and for all of Leeds which will...

Protect the vulnerable and reduce inequalities

Improve quality and reduce inconsistency

Build a sustainable system within the reduced resources available

Our community health and care service providers, GPs, local authority, hospitals and commissioning organisations will work with citizens, elected members, volunteer, community and faith sector and our workforce to design solutions bottom up that...

Have citizens at the centre of all decisions and change the conversation around health and care

Build on the strengths in ourselves, our families, carers and our community; working **with** people, actively listening to what matters most to people, with a focus on what's strong rather than what's wrong

Invest more in prevention and early intervention, targeting those areas that will make the greatest impact for citizens

Use neighbourhoods as a starting point to further integrate our social care, hospital and volunteer, community and faith sector around GP practices providing care closer to home and a rapid response in times of crisis

Takes a holistic approach working with people to improve their physical, mental and social outcomes in everything we do

Use the strength of our hospital in specialist care to support the sustainability of services for citizens of Leeds and wider across West Yorkshire

What this means for me...	Prevention at scale "Living a healthy life to keep myself well"	Self-Management and Proactive Care "Health and care services working with me in my community"	Optimising Secondary Care "Go to a hospital only when I need to"	Urgent Care and Rapid Response "I get rapid help when needed to allow me to return to managing my own health in a planned way"
Key actions that will be undertaken:	<ol style="list-style-type: none"> We will ensure a Best Start for all children. We will do this by promoting good maternal health and providing healthy living support pre-conceptually, throughout pregnancy and to new parents. We will support and sustain longer term behaviour change by the provision of healthy living services, activities and assets which work in a more integrated approach. We will put prevention at the heart of client care and use every appropriate opportunity including healthy living services to support behaviour change throughout health and social care organisations in Leeds. We will promote the benefits of being physically active and increase the opportunities to build physical activity into everyday life (including through creating healthy environments) We will continue to reduce the harm from tobacco and alcohol through promoting smoke free and safe alcohol consumption as the norm. We will reduce access to tobacco and alcohol by young people and provide and promote alternative routes to encourage changes in for those people who would prefer to self-help 	<ol style="list-style-type: none"> We will improve outcomes for people living with frailty and their carers. We will focus on things that matter to people such as being active, socially connected and focus services to maximise the time spent at home. We will provide training for health and care professionals who work with people, to help them support people to work on personal goals to better manage conditions such as diabetes and respiratory conditions. We will make health and care easier to access through developing extended services based in the community. Front line workers across organisations will work together in their local neighbourhood area so that people can have all their needs met by a single team. 	<ol style="list-style-type: none"> We will work with health professionals to reduce the number of unnecessary routine appointments for patients, both before and after hospital treatments. We will improve the way in which we provide care for people with mental health conditions by reducing the number of people sent outside Leeds to have treatment, and through increasing provision within the Leeds community. We will work to ensure that money spent on prescribed medicines is evidence-based, clinically appropriate and consistent through better working with patients, health professionals and all providers. We will provide more advice from consultants to the patient's GP (and primary care team) so they can manage more of the patient's needs in the community. Whilst maintaining the quality and safety of care for all patients, we will work to reduce their length of stay in hospital by ensuring processes and systems are better streamlined whilst still meeting their needs. We will improve the ways in which we test for cancer, provide treatment and offer support to patients after they have had a cancer diagnosis. 	<ol style="list-style-type: none"> We will provide clearer information to people on how to access the right urgent healthcare for themselves. This will support people and professionals to make good choices from a comprehensive range of high-quality services. We will look at where and how people's needs are assessed when they are in urgent need. We want to support the move of more urgent care needs being met in a community-based setting. We will make sure that there is a good range of services for people needing urgent and non-planned care that promote self-management but also provides a swift response in a crisis. We will change the way we organise services by connecting all urgent health and care services together to meet people's mental, physical and social needs, ensuring that people can use the right services at the right time. This will make the system simpler and, when people do require urgent care, that their journey through services is smoother.

Together these actions will deliver a new vision for community services and primary care in every neighbourhood. These will be supported by...

Working as if we are one organisation and growing our own workforce from our diverse communities, supported by leading and innovative workforce education, training and technology.



Making Leeds a centre for good growth becoming the place of choice in the UK to live, to study, for businesses to invest in, for people to come and work

Using existing buildings more effectively, ensuring that they are right for the job

Using our collective buying power to get the best value for our 'Leeds £'

Having the best connected city using digital technology to improve health and wellbeing in innovative ways